

# Wahl® Heated Lumbar Massage Cushion Quickstart Guide



Insert adaptor jack into the plug on the right side of the unit.



Plug wall adaptor into AC 120-volt outlet or car adaptor into cigarette lighter power supply.



To turn the unit on, press the power button on the controller once.



To turn the heat on, press the heat button once. Press again to turn heat off. The heat will not turn on until the power button has been pressed.



To change the programs, press the power button. Select from multiple settings by pressing the programs button successively until desired program is found.



To turn the unit off, hold the power button for 3 seconds. This unit automatically turns off after 20 minutes.

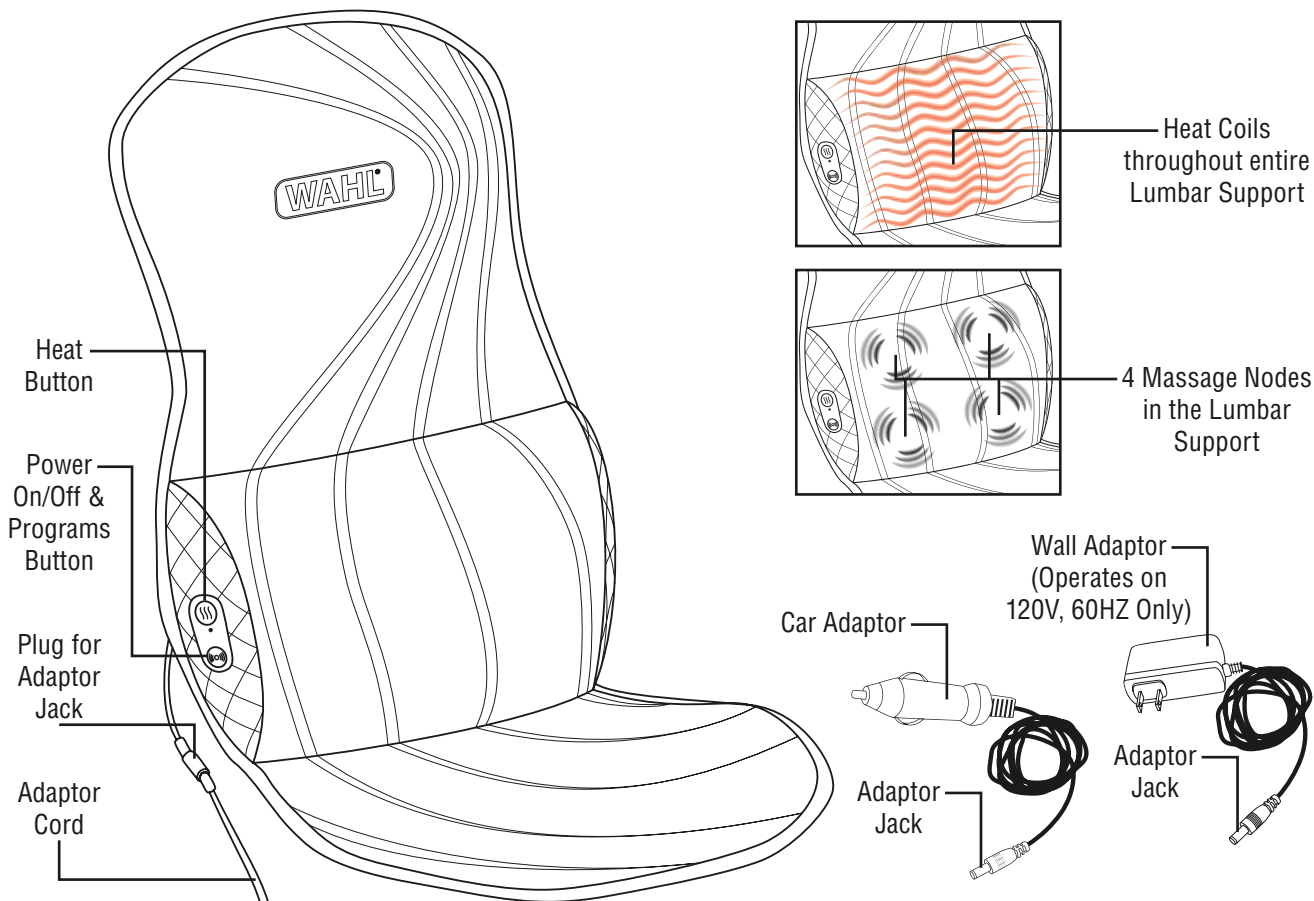
# Wahl® Heated Lumbar Massage Cushion Key Features

## Prepare for use at home, in the office, or in the car:

Place the unit in a chair or car seat, and pull the attached elastic strap over top of the chair or seat to hold the cushion in place. Make sure the unit is flush with the chair or seat to allow for maximum benefit of the lumbar support.

## Programs

- LOW Vibration** — for soothing massage
- HIGH Vibration** — for vigorous, deeper massage
- OFF** — if you prefer heat only



If you are not satisfied with your Wahl Heated Lumbar Massage Cushion, please feel free to contact us at [massagers.wahl.com](http://massagers.wahl.com) or 1-800-767-9245.