

# Wahl® Heated Foot Massager Quickstart Guide



Insert adaptor jack into the plug on the right side of the unit. Plug into a AC 120-volt outlet.



Place foot massager on floor in front of chair or sofa.



To turn the unit on, press the power button on the left side once.



To turn the heat on, press the heat button once. Press again to turn heat off.



To change the programs, press the power button. Select from multiple settings by pressing the programs button successively until desired program is found.



To turn the unit off, hold the power button for 3 seconds. This unit automatically turns off after 20 minutes.

# Wahl® Heated Foot Massager Key Features

## Programs

### #1: Straight Vibration —

All motors vibrate

**#2: Wave** — All motors vibrate slowly, gradually getting faster, then left and right sides alternate three times, vibrating slow to fast, then the program repeats

**#3: Pulse** — pulses of vibration get gradually faster

**#4: Left & Right Rotate** — alternates vibration

**Caution:** To avoid injury and damage to the product, always use this while seated. Never stand on the unit.

\*It is highly recommended not to use bare feet on this unit. Also, do not use the unit with shoes on.

