

# Heat Therapy™

## Heated Therapeutic Massager



The Brand Used By Professionals® Since 1919

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massagers.wahl.com

### IMPORTANT SAFEGUARDS

When using an electrical appliance, basic precautions should always be followed, including the following:

**READ ALL INSTRUCTIONS AND SAFEGUARDS BEFORE USING.**

### DANGER

To reduce the risk of death or electric shock:

1. Do not reach for an appliance that has fallen into water. Unplug immediately.
2. Do not use while bathing or in the shower.
3. Do not place or store appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.
4. Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
5. Do not use massager without attachments.

### WARNING

To reduce the risk of burns, fire, electric shock or injury to persons:

1. This appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
2. Do not operate this appliance under a blanket or pillow. Excessive heating can occur and cause fire, electric shock or injury to persons.
3. Close supervision is necessary when this appliance is used by, on, or near children or disabled persons.
4. This massager contains an electro magnetic motor. To avoid risk of injury, it must not be used within six inches of an implantable cardiac device.

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### OPERATING INSTRUCTIONS

To reduce the risk of electric shock, this appliance has a polarized plug (one blade is wider than the other). This plug will fit in a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. Do not change the plug in any way.

1. With both of the massager switches in the OFF position, plug the power cord into an AC outlet. (Make sure the voltage of power supply is the same as that indicated on massager.)
2. Place the desired massage attachment on the stem of the massager. The attachments easily press on and pull off. If heat is desired, the heat attachment must be used. (See special instructions below for using the Deep Heat Attachment.)
3. Slide the top switch to the desired massaging speed — I - LOW or II -HIGH.
  - I - LOW — for soothing massage.
  - II - HIGH — for vigorous, deep-penetrating action.
4. Slide the bottom switch to the desired heat setting — I - LOW or II -HIGH. Use heat only with the Deep Heat Attachment. Heat may be applied alone or with the massaging feature.
5. Apply the massager to the targeted area, using continual movement. A circular motion is often most effective. (See MASSAGE TECHNIQUES.)

### CLEANING/STORAGE

**Always unplug massager before cleaning.**

To clean, simply wipe unit with a dry, soft cloth. Do not immerse in water or use any harsh cleaners or solvents. When storing unit, make sure cord is not twisted or kinked.

For more information or Product Registration, visit [massagers.wahl.com](http://massagers.wahl.com)

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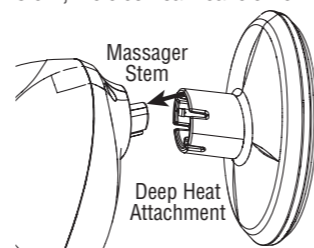
5. Use heated surfaces carefully. May cause serious burns. Do not use over insensitive skin areas or in the presence of poor circulation. The unattended use of heat by children or incapacitated persons may be dangerous.
6. Never apply the gel pack directly to skin. Direct application of this gel pack to the skin may cause frostbite.
7. The gel pack and contents are safe when used as directed. If the gel pack is accidentally punctured or tears, discontinue using immediately. If the gel comes in contact with the skin, wash with soap and water. If skin becomes irritated or if the gel enters the eyes or mouth, contact a physician immediately. Keep gel pack out of reach of children and pets to avoid risks posed if gel pack is punctured or torn.
8. Check local laws and regulations for proper disposal of the gel pack.
9. Use this appliance only for its intended use, as described in this manual. Do not use attachments not recommended by the manufacturer.
10. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return to Wahl for examination and repair.
11. Do not carry this appliance by supply cord or use cord as a handle.
12. Keep the cord away from heated surfaces.
13. Never drop or insert any object into any opening on this appliance.
14. Do not use outdoors.
15. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
16. In case of pregnancy, diabetes or illness, consult your physician before using this massager.

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### DEEP HEAT ATTACHMENT

To insert Deep Heat Attachment, simply align the special track bar with the grooved section in the massager stem (see diagram), then press firmly onto stem. To detach, use thumb and two fingers and pull away from stem.

When Deep Heat Attachment is correctly aligned and pushed on the stem, the electrical heat element is automatically connected. If using the massager for the first time, begin with the lowest heat setting. Test the surface for a comfortable temperature. The massager will heat to the desired level within four minutes.



**NOTE:** When using heat, always check temperature before placing massager against skin. Every person reacts differently to certain temperatures. We suggest the following before use — check temperature by lightly touching with fingertips the silver heat plate on the massager. If uncomfortable to your touch, reduce temperature by (1) rubbing massaging surface on soft cloth, (2) moving the HEAT button to a lower setting, or (3) turning off unit for a short period before applying to your skin. Keep the massager moving constantly any time heat is on. Never use heat on swollen or inflamed areas, or on skin eruptions.

**NEVER** use the heat applicator if the plastic housing is cracked or broken, or if the metal plate is loose, bent or lifted.

**CAUTION:** The two holes in the stem of the massager are like an electrical plug — electrical power is transmitted through them. **NEVER** allow water near the stem, and never insert anything into the holes.

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17. Do not use massager on:

- a. Sensitive skin, swollen or inflamed areas, in the presence of poor circulation, where skin eruptions are present, or in the presence of unexplained calf or abdominal pain.
  - b. Varicose veins.
  - c. The front of the neck.
  - d. Genital areas.
  - e. Sleeping or unconscious persons.
18. When using a massage attachment, be sure to seat the attachment fully onto the stem and keep it on while massaging.
19. Do not use this massager for more than 20 minutes at one time.
20. To disconnect, turn both switches to the OFF position, then remove plug from outlet.
21. Do not use massager in close proximity to loose clothing or jewelry.
22. Keep long hair away from massager while in use.

## SAVE THESE INSTRUCTIONS For Household Use Only

MASSAGER VIBRATION FREQUENCY			
Line Voltage Amplitude & Frequency Setting	Vibration for Single- speed Models (vibrations/min.)	2-Speed Models	
		LOW (1) Setting	HIGH (2) Setting
220/50 240/50 100/50	100 Hz (6000)	100 Hz (6000)	50Hz (3000)
120/60 220/60	120Hz (7200)	120 Hz (7200)	60 Hz (3600)

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### COLD GEL ATTACHMENT

**\*\*DO NOT MICROWAVE. FOR COLD THERAPY USE ONLY\*\***

Place gel pack in the freezer. After 1-2 hours, the gel pack will reach the desired cold temperature. It is ideal to allow the gel pack to freeze overnight for optimal cold therapy. Cold will last for 20-30 minutes then remain cool. If the gel pack is uncomfortable during use, discontinue use immediately.

### MASSAGE TECHNIQUES

**SHOULDERS AND NECK** — Massage each shoulder toward back of neck to point just behind and below ear. Then back to shoulder. Repeat several times.

**ARMS** — Start with a gentle massage of the palms and fingers. Next, using a circular motion, move upward to forearms. Then up to biceps and shoulders.

**LEGS** — If desired, massage bottoms of feet. Then, using a circular motion, massage each leg from calf on up and over thigh.

**CHEST** — Massage from center of chest outward, and up toward each shoulder.

**BACK** — Massage from top of spine to bottom, and from center outward.

**ABDOMEN** — Relax abdominal muscles by massaging from center outward, using a gentle, circular motion.

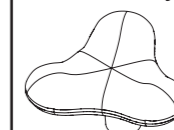
**JOINTS** — Relieve tired, aching knees and elbows with smooth, circular strokes.

**FACE** — Gently massage from the nose outward, taking care to avoid contact with the eye.

**SCALP** — Start at the back of the neck and massage up to the top of the head. Using this up and down motion, massage across the scalp.

### MASSAGE ATTACHMENTS

\*Some kits may not include all attachments.



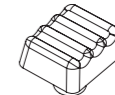
#### TRIAD ATTACHMENT

Three points of added pressure to massage multiple areas at once.



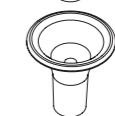
#### KNUCKLE JOINT ATTACHMENT

For concentrated action between the fingers or toes. Great for knee and elbow joints, too.



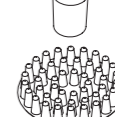
#### MUSCLE KNEADING ATTACHMENT

Delivers ripple-effect action for large muscle areas.



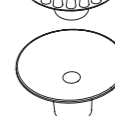
#### GENERAL BODY ATTACHMENT

For general, all-body massage.



#### POWER DISC

Large surface and prongs massage deep to stimulate blood flow.



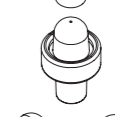
#### FACIAL VITALIZER

Provides beneficial, revitalizing facial massage. (Apply cold cream or lotion to face prior to use. Keep massager away from eyes.)



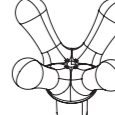
#### DEEP MUSCLE STIMULATOR

Reaches deep to relieve tired, aching muscles.



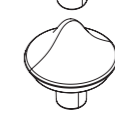
#### SPOT APPLICATOR

Lets you apply deep, pinpoint massage action to the exact body area needing relief.



#### FOUR FINGER FLEX ATTACHMENT

Soft, finger-like nodes replicate a human touch massage.



#### ACCUPOINT ATTACHMENT

Targets deep into tissue. Great for pinpointing concentrated areas.



#### RAISED BUMP ATTACHMENT

Wide surface for an all-over muscle massage.



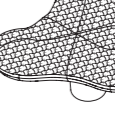
#### DEEP MUSCLE ATTACHMENT

Thumps smoothly, creating a gentle, relaxing massage for all-over body use.



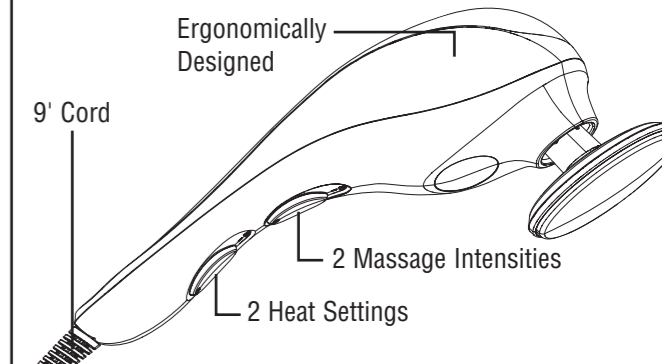
#### DEEP HEAT ATTACHMENT

Smooth, wide heat applicator for all-over heat therapy.



#### COLD GEL ATTACHMENT

May reduce swelling and pain caused by inflammation and relieves discomfort.



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### SERVICE AND REPAIR

This unit has no user-serviceable parts. If you have problems with your massager, **do not return it to store where purchased.** Send it prepaid with a note explaining the problem to:

Wahl Clipper Corporation  
Attention: Repair Department  
3001 Locust Street  
Sterling, Illinois 61081  
Telephone: (800) 767-9245

For products purchased outside the United States, contact your Wahl distributor.

### 3-YEAR LIMITED WARRANTY

Valid in U.S.A. Only

If your Wahl product fails to operate satisfactorily within three (3) years from the date of original purchase or receipt as a gift, Wahl will, at our option, repair or replace it and return it to you FREE OF CHARGE. Please mail your product prepaid to Wahl Clipper Corporation, 3001 Locust Street, Sterling, Illinois 61081, Attention: Repair Department, with a note describing the defect and the date of original purchase or receipt as a gift (in warranty). Products out of warranty will be repaired at our standard repair charges.

This warranty is void and no repair or replacement will be made under this warranty or otherwise if:

1. The product is modified in any manner or repaired by anyone other than Wahl Clipper Corporation or Wahl authorized service center.
2. The product has been used commercially or subjected to unreasonable use.

This warranty gives you specific legal rights and you may also have other rights which may vary from state to state. No other written express warranty is given. Any implied warranty, including any warranty of merchantability which may arise from purchase or use is limited to the years period provided in the express warranty. Some states may not allow such limitation, so it may not apply to you. No responsibility is assumed for incidental or consequential damages of any type or for the use of unauthorized attachments. Some states may not allow the exclusion or limitation of incidental or consequential damages, so the limitation or exclusion may not apply to you.

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